Week 1	Breakfast	Snack	Dinner	Tea
Summer term 2026 **Monday**	Rice Krispies or Cornflakes	A selection of fruit and rice cake with Milk or water	Plant based cottage pie with lentils green vegetables-green beans and broccoli. Natural Greek yoghurt with Pineapple slices	Ham or sliced egg Wholemeal sandwiches with cherry tomatoes and Pepper sticks Apple and apricot squares
Tuesday	Cornflakes or Weetabix	A selection of fruit and toast with Milk or water	Chicken stew with dumplings Low sugar Lemon Posset topped fresh raspberries	Cold Tuna and sweetcorn pasta Choice of fruit Orange/Apple
Wednesday	Weetabix or Rice Krispies	A selection of fruit and rice cake with Milk or water	Spaghetti Bolognese with grated celery and carrot. Wholegrain Spaghetti Pasta Vanilla Ice - cream	Chicken or grated cheese wholemeal wraps Low sugar Cherry sponge cake
Thursday	Cornflakes or Weetabix	A selection of fruit and toast with Milk or water	Chicken curry with wholegrain savoury rice - mixed vegetables Vanilla Ice – cream with local honey	Cheese and broccoli Quiche With Cucumber sticks and cherry tomatoes Peach and melon fingers
Friday	Weetabix or Cornflakes	A selection of fruit and rice cake with Milk or water	Fish pie topped with creamy mash potato and seasonal vegetables x 2 sections Fruit crumble- fruit topped with wholemeal crumble	Sandwiches Ham or cheese on wholemeal bread Natural Greek yoghurt with sliced strawberries

Week 2	Breakfast	Snack	Dinner	Tea
Monday	Weetabix or Cornflakes	A selection of fruit and rice cake with Milk or water	Sausage casserole with creamy mash potato Natural Greek yoghurt with orange slices	Sandwiches with Ham or sliced egg on wholemeal bread Lemon muffin
Tuesday	Rice crispies or Weetabix	A selection of fruit and toast with Milk or water	Creamy Chicken mushroom pasta with fresh broccoli and carrot Vanilla Ice-cream	Chicken or Cheese wholemeal wrap with Lettuce, tomatoes and pepper sticks. Homemade Cherry and oat cookie
Wednesday	Cornflakes or Porridge	A selection of fruit and rice cake with Milk or water	Meat and vegetable pie with mashed potato, peas and carrots Seasonal fruit salad	Sandwiches with ham or cheese Low sugar orange sponge cake
Thursday	Rice Krispies or Weetabix	A selection of fruit and toast with Milk or water	Mild beef and lentil chilli with wholegrain rice and mixed vegetables Cherries and berries fruit pie	Sandwiches, Egg or Chicken Natural Greek yoghurt with Pineapple slices.
Friday	Rice Krispies or Cornflakes	A selection of fruit and rice cake with Milk or water	Creamy Chicken and mushroom supreme with mash potatoes carrots and peas Sugar free jelly with strawberries	Wraps with grated cheese or ham. Chocolate and beetroot muffin

Week 3	Breakfast	Snack	Dinner	Tea
Monday	Weetabix or Cornflakes	A selection of fruit and rice cake with Milk or water	Spaghetti and meatballs in sauce with wholegrain with grated celery and carrot Natural Greek Yoghurt with sliced bananas and local honey	A selection of sandwiches Ham or sliced egg on wholemeal bread and cherry tomatoes Low sugar Chocolate muffin
Tuesday	Rice Krispies or Weetabix	A selection of fruit and toast with Milk or water	Roast chicken fillets with seasonal vegetables and gravy Fruit salad	Chicken or cheese Wholemeal wraps with salad, lettuce cherry tomatoes and cucumber sticks Banana and oat loaf cake
Wednesday	Rice Krispies or Cornflakes	A selection of fruit and rice cake with Milk or water	Mince beef Cottage pie with carrot and swede topping. Peas, cabbage, gravy Natural Greek yoghurt with pineapple slices	Beans on toast Orange muffin
Thursday	Rice Krispies or Cornflakes	A selection of fruit and toast with Milk or water	Jacket potato with Savoury Mince – Carrots & peas. Vanilla Ice-cream	Warm vegetable tomato pasta Homemade Cherry cookie
Friday	Rice Krispies or Weetabix	A selection of fruit and rice cake with Milk or water	Fish pie with potatoes, peas and carrots and a creamy sauce. Orange Sugar free jelly with orange segments	Tuna or Ham sandwiches on wholemeal bread Lettuce and cucumber sticks Banana loaf cake

Week 4	Breakfast	Snack	Dinner	Snack	Tea
Monday	Cornflakes OR Rice Krispies	Children's choice week We will sit down with the children and asked them what their favourite snacks & meals have been over the last 3 weeks, making sure it is well balanced and a variety. All children will be involved and have the chance to discuss their views and opinions.			
Tuesday	Weetabix OR Rice Krispies				
Wednesday	Rice snaps OR Weetabix				
Thursday	Cornflakes OR Weetabix				
Friday	Rice Krispies OR Cornflakes				